



GOVT. DEGREE COLLEGE ARKI, DISTT. SOLAN, H.P. 173208



NSS P.O.
GDC ARKI (SOLAN)

21st June 2023

A Report

The NSS Volunteers of Govt. College Arki, observed International Yoga Day on 21st June 2023. Being summer vacation in the college, volunteers observed the day and sensitize the society about the benefits of yoga for mental and physical health. The volunteers demonstrated yoga postures and streamed online from their home. The activities of the volunteers were supervised N.S.S. Programme Officer Dr. Dhan Dev Sharma.



(DR. D.D. SHARMA)
N.S.S. P.O. G.C. ARKI